Contemporary Somatics Bodies Today SOMATIC ART SYMPOSIUM

MU Theatre 2025.05.02-03-04.

FRIDAY, MAY 2

9:00 - 10:00 stage	Food for the day Workshop by Bernadett Jobbágy • Movement workshop and warm-up (somatic tuning) • Specific previous experience is not required
10:15 - 13:30	 The workshop is open to all interested The Somatic-academic Conference presentations and discourse Presenters:
café	 Thomas Körtvélyessy: Elaine Summers - moving between delineations, a legacy in formation Tamer Wajda: Embodied cognition and somatic experiences as/in artistic practice Paulina Ruiz Carballido (online): Somatic Co-Habiting: Co- Creations of Utopias and Hybrid Fictions on screendance Raffaele Rezzonico (online): Glances at disembodiment - misogynistic abstractions and vertical geometrizations Zrinka Šimičić: Embodiment and language
13:00 - 13:45 café	 Kerekasztal 1 (HU) * This program is in Hungarian language! * Szomatika, nyelviség és a fordítás lehetőségei és kérdései Résztvevők: Gál Eszter, Kálmán Ferenc, Kovács Dániel Attila, Thomas Körtvélyessy
15:00 - 17:45 stage	 Spiralling through Workshop by Zrinka Šimičić Processes of division, differentiation, transformation in embodied exploration and paper design, aka contemporary "guzsalyas" Specific previous experience is not required The workshop is open to all interested
18:30 - 21:00 stage	 MKE_KDP_professional roundtable 4 Filmclub Screening of short choreographic films Discussion and dialogue Editing as choreography - editing as visceral effect

SATURDAY, MAY 3

10:00 - 12:00 stage	 Skin is a Window Workshop by Snjezana Premus Through this workshop, the choreographer Snjezana will share some principles that were the starting point for the development of Asymmetry of the Embrace performance Specific previous experience is not required The workshop is open to all interested
14:00 - 14:50 café	 Somatics as inspiration for life, as inspiration for artistic creation Roundtable discussion Participants: Snježana Premuš, Zrinka Šimičić, Bernadett Jobbágy, Tamer Wajda and all presenters and workshop leaders
15:00 - 17:00 <i>stage</i>	 Places of Becoming and Knowing. A workshop in embodied creativity. Workshop by Dániel Attila Kovács The work utilises material from Body-Mind Centring, such as the developmental patterns of vibration and cellular breathing, and the so-called transitional fluid. Specific previous experience is not required The workshop is open to all interested
18:00 - 20:00 stage	 Dobra voda Good Water - performance installation Zrinka Šimičić Duration: 2 hours Visitors are invited to come and leave at any time during the scheduled period. Concept and choreography: Zrinka Šimičić Dance: Bernadett Jobbágy, Zrinka Šimičić Paper design: based on a motif by Marina Bauer Dramaturgical support: Dubravko Mihanović

SUNDAY, MAY 4

10:00 - 12:00 studio	 Skinner Releasing Technique (SRT) Workshop by Eszter Gál Specific previous experience is not required The workshop is open to all interested It is suggested to wear comfortable clothes and bring layers, as it might be needed
13:30 - 18:30 studio	 Filming motion workshop Facilitated by Bernadett Jobbágy Embodied filmmaking LAB Workshop with camera and composition: participation is possible with your own device This workshop is a 2 days event: 4th May 2025, MU Theatre:
	 10:00 - 12:00: participation in the Skinner Releasing Technique (SRT) workshop by Eszter Gál (not for filming, but as a somatic experience) 13:30 - 14:00: research directions and frameworks 14:00 - 18:30: field work, filming and photographing during the rehearsal and public performance of Asymmetry of the Embrace 8th May 2025, MKE Doctoral School / Feszty-ház: 14:00 - 17:00: summary of experiences, presentation of raw materials and/or first drafts, discussion, question (Changes may occur in location.)
17:00 - 18:30 public square	Asymmetry of the Embrace - performance Snježana Premuš • Preformers: Gyöngyi Beer, Tina Benko, Alja Branc, Tímea Györke, Bernadett Jobbágy, Anja Mejač, Ilona Regős, Snježana Premuš, Lotti Szomor
18:30 - 20:00 café	• The performance happens in public spaces around the theatre. Symposium closing